

sound oasis®  
sleep better. feel better. live better.®

GTS-1000

# Glo to Sleep®



## Sleep Therapy Mask

Switch off your mind

**ANCIENT WISDOM JOINS WITH MODERN TECHNOLOGY CREATING A REVOLUTIONARY NEW WAY FOR YOU TO CLEAR YOUR MIND, QUICKLY RELAX AND GET TO SLEEP NATURALLY.**



SLEEP THERAPIST RECOMMENDED

**Lee Tiller**

Clinical  
Hypnotherapist/  
Cognitive Behavior  
Expert



Great to use on planes, at home or in hotel rooms

INCLUDES  
**FREE**  
'Sleep Coach'  
Audio  
Download

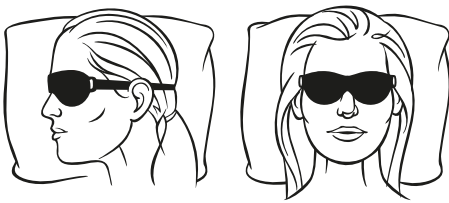


Sleep issues are often the result of an overactive mind at bed time. **Glo to Sleep®** will help you focus your mind on the process of relaxation and sleep – naturally and effectively.

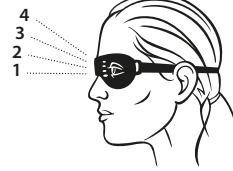
Great for a full night's sleep or just a nap.



1



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## Easy to Use

- Hold the inside of **Glo to Sleep®** near a light source for about 30 seconds.
- The **Points of Glo** inside the mask will turn blue.
- Slip on your **Glo to Sleep®**, look up at the **Points of Glo**, breathe deeply feeling your thoughts slow and your body relax as you drift off to sleep. For extra help, use the Lee Tiller sleep coach audio.
- The **Points of Glo** are not bright enough to interfere with your body's natural melatonin flow.

**Sound Oasis®** is the world leader in sound therapy systems and electronic sleep masks. We are dedicated to making your life healthier and more enjoyable with creative solutions that combine superior quality with the very latest technology. Visit us at [www.soundoasis.com](http://www.soundoasis.com) to see our extensive line of products.